



## COMMUNITY DROP-IN SESSIONS WITH AFC WIMBLEDON

AFC Wimbledon Foundation and The Nelson Health Centre are clubbing together for community health with a series of drop-in sessions for **local residents** this October:

### DETAILS:

- Come and **grab a free tea or coffee** and hear more about the **health and wellbeing activities** AFC Wimbledon Foundation and The Nelson offer the local community
- Staff from The Nelson will also be on hand carrying out **blood pressure tests**

### WHERE:

- **Ground floor café**, The Nelson Health Centre (Kingston Rd, SW20 8DA)

### WHEN:

- **Thursday 14<sup>th</sup> October**: Meet and greet session, 10.30am – 12.30pm
- **Thursday 21<sup>st</sup> October**: Meet and greet session, 10.30am -12.30pm