



9th May 2022

AFC Wimbledon Foundation and The Nelson Health Centre launch new videos to support community health

- **AFC Wimbledon legend John Scales features in videos to help share key health messages with local residents across Merton**
- **New videos to be shown at AFC Wimbledon's 'Family Fun Day' this weekend**

AFC Wimbledon Foundation and the Nelson Health Centre in Wimbledon are 'Clubbing Together For Community Health' with a series of short videos outlining the health and well-being services and activities available to help families and residents across Merton.

The Nelson Health Centre in Kingston Road, Wimbledon plays a vital role in supporting community health with facilities including: GP surgeries; mental health services; minor surgery facilities; support services for older people; and a range of specialist outpatient clinics. The Nelson have formed a partnership with **AFC Wimbledon Foundation** who deliver vital community-based activities and initiatives, with a range of [weekly health and wellbeing sessions](#) already on offer to local residents.

To further support community health, a series of short videos have now been created featuring **AFC Wimbledon legend John Scales** (an ex-England professional and FA Cup winner) alongside medical staff from The Nelson Health Centre and coaching staff from the AFC Wimbledon Foundation. The short videos offer information and support across three different themes:

- **Men's Health:** with advice on some key health issues for men to look ok for, and what services are available to help at The Nelson Health Centre and in the local area. View the video at <https://youtu.be/UTjMyOt8yt0>
- **Post-COVID support:** with details on some of the local health, social care and community services available to help local residents in the recovery from the pandemic. View the video at <https://youtu.be/88vdDNkyuvI>
- **Keeping Fit and Active:** with details on some of the fitness and wellbeing sessions offered to local residents by AFC Wimbledon, and some of the healthy eating, mobility and weight loss services and advice on offer at The Nelson Health Centre. View the video at <https://youtu.be/5tXEQ9O3EZE>

The videos are now online for local residents to view and share, and will also be displayed on screens at the **AFC Wimbledon 'Family Fun Day'** at the club's stadium this Sunday 15th May. For further details on the 'Family Fun Day' visit <https://donslocalaction.org/family-fun-day/>.

The Nelson Health Centre was delivered by **South West London Health and Care Partnerships** whose Director **Sarah Beaumont-Smith** said:

"We are delighted to club together for community health with AFC Wimbledon and to highlight the vital facilities The Nelson Health Centre has to offer. At such an important time for community health, these new videos set out the many services and activities available to fans and local residents to support their wellbeing."

Fiona Sutherland from **AFC Wimbledon Foundation** said:

“AFC Wimbledon Foundation is excited to be partnering with the Nelson Health Centre to help increase the health and wellbeing of football fans and local residents alike. Working hand in hand to showcase the services that the Foundation and the Nelson provide is a win win situation for all residents in Merton.”

AFC Wimbledon Foundation was formed in 2013 after recognition that the ground-breaking creation and success of AFC Wimbledon Football Club was built on the energy and effort of its supporters. The football club wanted to pay back this support by forming the Foundation to continue delivering vital community-based activities and initiatives.

The Nelson Health Centre was built in 2015 by South West London Health and Care Partnership and healthcare investor Fulcrum, who work in partnership with Community Health Partnerships (CHP), a key part of the NHS family responsible for delivering health and social care facilities.

- Ends -

Notes to Editors

- **Video files** for each of the short videos outlined above are **available for editorial use** – please contact stuart@inclondon.com to request a copy
- Further details about the **Nelson Health Centre** are available at www.mertonccg.nhs.uk/Local-Services/the-nelson
- For further details on **AFC Wimbledon Foundation** please contact fiona.sutherland@afcwimbledonfoundation.org.uk or visit www.afcwimbledonfoundation.com