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Funding boost for 'eco therapy garden' next to Tower Hill Primary Care Resource Centre in Kirkby

- Renova and CHP to help fund new equipment and gardening activities at thriving community space



A well-established 'eco therapy garden' next to Tower Hill Primary Care Resource Centre in Kirkby has been given funding for a range of new equipment, allowing the thriving community space to further support the health and wellbeing of local residents.

Tower Hill Primary Care Resource Centre was delivered in 2005 by health investor Renova and Community Health Partnerships under the NHS LIFT partnership, offering a range of health and social care services all under one roof. Alongside this, a garden space was created in 2018 on an area of land behind the health centre by local community group [The Eco Therapy Garden](#) who provide eco therapy and talking therapy for those struggling with social isolation, mental health conditions, or physical health concerns.

The GP practice at Tower Hill already has strong links with The Eco Therapy Garden through referring patients as part of a social prescribing programme – to build on this and to help create continued links between the health centre and the thriving garden space, Renova and Community Health Partnerships are now providing joint funding for:

- **New planters to encourage health eating** - new raised planters (made from recycled plastic) will be installed at the front and rear of the health centre and planted with herbs and edible flowers. The planters will further support an existing 'Grow Your Own' project where residents are educated on how to grow healthy fresh food
- **A new pagoda space to support year-round community sessions** - a custom-built pagoda will be installed next to Tower Hill Primary Care Centre offering an all-weather space that can be used for a range of community activities including yoga sessions, Tai Chi and other social gatherings.
- **Gardening awareness days** – a series of gardening awareness days will also be held in room space at Tower Hill Primary Care Resource Centre, helping to promote public engagement with the garden and educate residents about the benefits of gardening.

Renova General Manager Amy Lawrence said:

"Tower Hill and The Eco Therapy Garden both already play a vital role in the local community, so this additional funding will help create even stronger links between the garden and the health centre. We're proud to help fund some exciting new additions and look forward to seeing the thriving garden space continue to support the wellbeing of local residents."

Denise Cottam, Corporate Social Responsibility Delivery Manager for Community Health Partnerships, said:

“The Eco-Therapy Garden provides a vital green space adjacent to the Tower Hill Primary Care Resource Centre, offering individuals a place to connect with nature, improve their mental health, and combat social isolation. The garden's personalised eco-therapy and talking therapy programmes have proven invaluable for those facing a range of health challenges and we are proud to support them as they develop the garden further.”

Tower Hill Primary Care Resource Centre is one of 17 health centres delivered by Renova since it was established in 2004 under the NHS LIFT Partnership to invest in and deliver vital community health facilities. Last year Renova celebrated 20 years of working in partnership with the NHS to deliver quality neighbourhood health buildings throughout the North West – read more [here](#).

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